Evergreen News

February 10-14, 2020 Mr. Stephen E. Sweeney, Principal

Soaring into the Future - One Student at a Time

Evergreen Has Heart

Friday February 14th

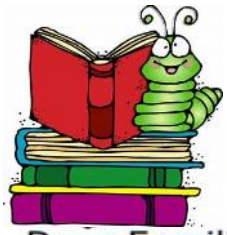
Join with Mr. Sweeney & the Evergreen Staff for our annual "Evergreen School Has Heart" Walk to School event at the corner of Classico and Cortona beginning at 7:55am. We will begin walking to school at 8:05am. Please remember that the parking lot and drive-through will be closed that morning for the dafery of our walkers. If you choose not to have your student participate, you will need to park in the neighborhood and walk your student in.

There is NO drop-off in front of the school.

Evergreen Events

February 3-12	Project Cornerstone Fundraiser
February 13	ESD Board meeting
February 14	Evergreen Has Heart Walk to School Event
February 17-21	President's week break (no school)
February 24	PTA See's Candy Fundraiser begins
February 25	Principal's picnic
March 2	Girls On The Run season begins
March 4	PTA General Association meeting 4pm
March 7	Saturday Academy
March 9	Scholastic Book Fair Begins
March 13	Trimester 2 report cards home
March 18	Spring Picture Day
March 21	Saturday Academy
April 11	Evergreen Afternoon with the Quakes

evergreen.eesd.org



Please support
Project Cornerstone!

Dear Families,

Project Cornerstone is a wonderful part of our school community that helps to create a caring school climate for all of our students. We have a chance to support Project Cornerstone's work at our school and at schools throughout our community. Project Cornerstone costs $10 per student. Most of the money has been raised by YMCA. However, they still need to raise the last 10% of the total funds so that Project Cornerstone programs can fund all youth in Silicon Valley.

Our goal is to raise $750 which is approximately a dollar per student at our school. If we meet our goal of $1 per student, Project Cornerstone will gift our school a commemorative book. **Please send a $1 with your child** to put into his/her classroom collection jar during our fundraising campaign **February 3rd through February 12th**. Every child who participates will receive a special Valentine's pencil.

All donations are optional and all the monies raised will be given directly to Project Cornerstone. If you wish to donate more or match your donation through your company please donate online at https://www.ymcasv.org/ymca-project-cornerstone Remember to mention in memory of/honor of - "Evergreen Elementary", so that our school gets recognized for your donation.

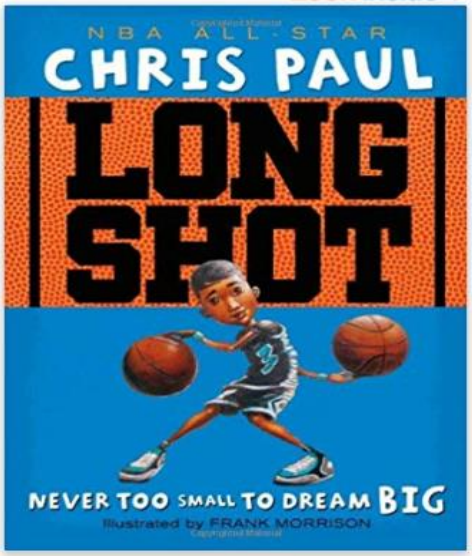
The ABC program is part of our classrooms each month and gives our school the following:

- Helps students develop skills to handle physical, verbal, relational and digital bullying and to be an UPstander who takes action if they see someone else being bullied.
- Increases the number of caring adults on campus so that all students feel that there is at least one adult they can turn to if they have a Problem.
- Creates a common language and vocabulary about student respect and behavior expectations among all members of the school community: students, parents and caregivers, teachers and staff.
- Contributes to a positive school climate where every student feels valued and supported to achieve and thrive.

On behalf of the students of our school,

Thank You!

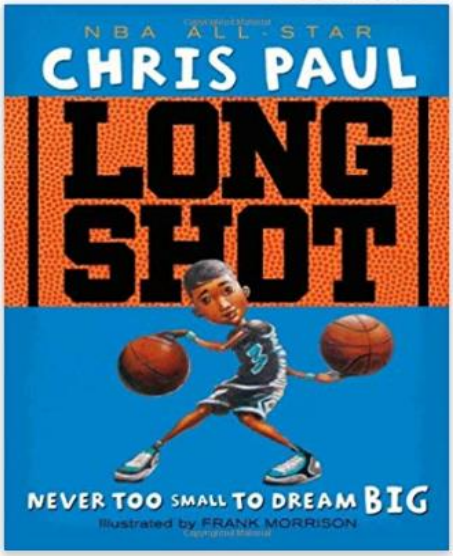
for being a Bucket Filler!



the YMCA

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROJECT CORNERSTONE
A YMCA of Silicon Valley Initiative



This month's ABC book: "**Long Shot—Never Too Small to Dream Big**" by Chris Paul is an autobiography of an NBA All-Star. As a child, he is one of the shortest players on his basketball team, but with hard work, determination, and the support of his family he is able to realize his dreams.

Goals of lesson:

1. Help students **explore and discover their *sparks*** (interests, dreams, passions, etc.)
2. Identify their ***spark champions***. (People who will help.)
3. ***Set a GPS* -short and long term goals**, steps to get there, and shifting of gears to achieve their dreams.
4. Identify their ***goal champions***
5. Reflect upon and identify the support students receive from their peers, family, and community.
6. **Empower students to provide support to their peers**, family, and community.

Questions to ask and discuss to reinforce this lesson at home:

- What is your biggest dream?
- What matters to you? What sparks your interest?
- What is your favorite thing to do, and how can I help you do it?
- What help do you need to reach your goals?
- Who will be your spark or goal champion (helps with taking steps to achieve a dream)?

When you "catch" kids modeling positive behaviors...
Notice, Name it, and Celebrate it!

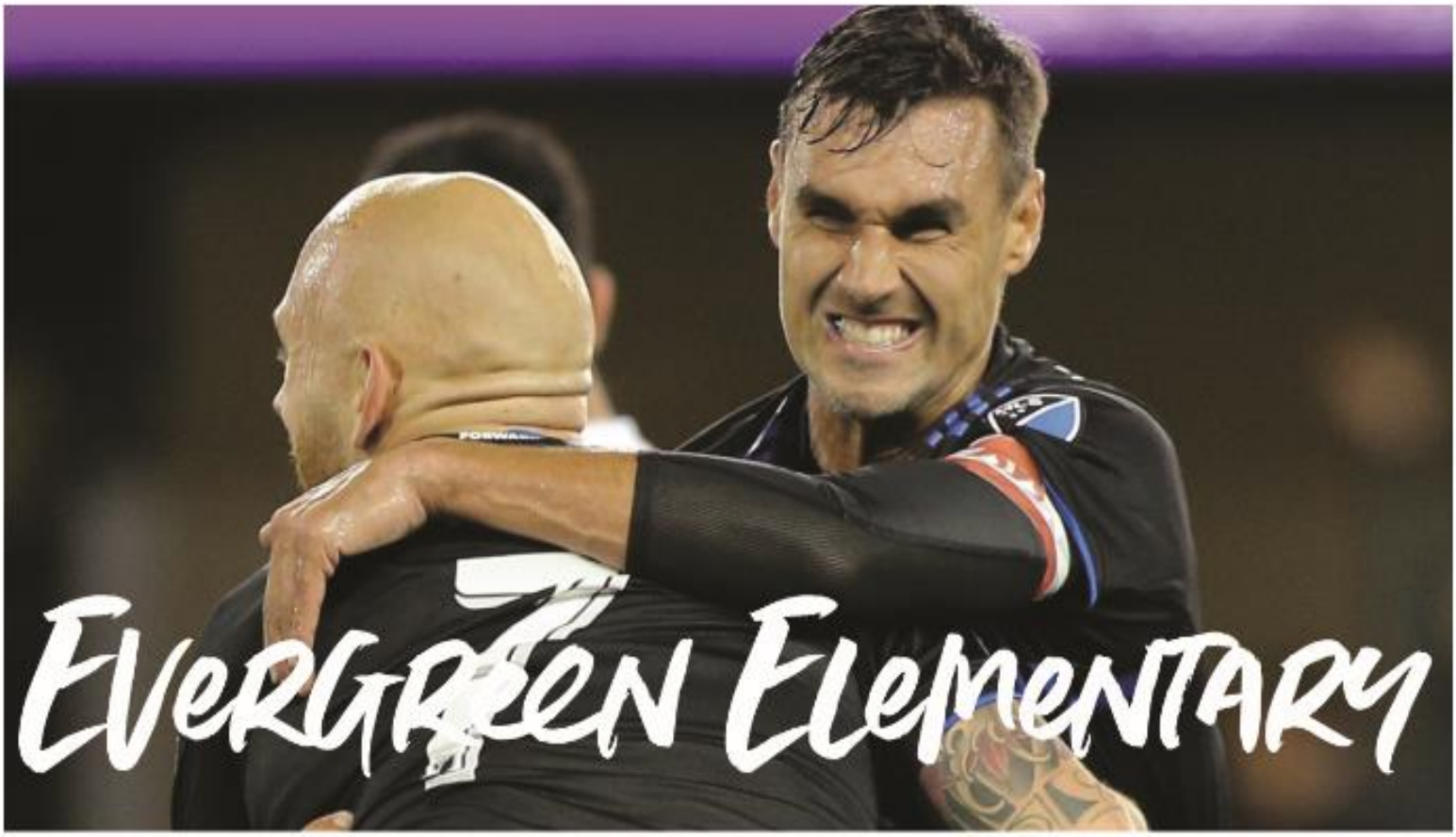
the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROJECT CORNERSTONE
A YMCA of Silicon Valley Initiative

HELPING YOUTH THRIVE AND GROW

Project Cornerstone is committed to helping all children and teens in Silicon Valley feel valued, respected and known. Our programs and services help individuals and communities build a web of support around young people so that they grow into healthy, caring and responsible adults.



AT EVERGREEN NIGHT WITH WITH THE QUAKES!

QUAKES

EVERGREEN
ELEMENTARY SCHOOL

SATURDAY APRIL 11TH
1:45 PM
EARTHQUAKES STADIUM

Join the Evergreen Elementary Community as we head out to support the San Jose Earthquakes as apart of Evergreen Neighborhood Night on Sat. April 11th!

All Evergreen Elementary kids in attendance will be able to participate in a youth experience as well! Kids aged 10+ can join in on the center circle banner scarf and kids aged 5-9 can high 5 the players as they make their way out onto the field. Also, 11 lucky evergreen elementary students will be able to walk out with the Quakes First team as apart of the team escorts!

to purchase, log onto tinyurl.com/evergreenelementaryquakes20
For questions, contact Rohan Dorairaj rdorairaj@sjearthquakes.com

Be Strong. Girl Power. Have FUN!

Girls on the Run

Evergreen
Team Practice:
March 2 - May 13, 2020
Mon. & Wed.
2:40 - 4:10 PM

make new friends

Girls on the Run is an after-school program that gives 3-5th grade girls the tools to be **HAPPY**, **healthy**, and **confident!**

Girls on the Run is **more than just a running program** - it gives girls the opportunity to build confidence and healthy habits. Over **10 weeks**, from **March through May**, girls will recognize their star power, make new friends, and so much more! Teams meet **twice each week** to play games and learn new life skills while building endurance to complete the Girls on the Run 5K on May 16.

be yourself

reach your goals

Registration reopens 1/17/2020

~~Lottery registration for our Spring 2020 season will be open January 6-15.~~

Financial aid is available. Please apply before registration.

www.gotrsv.org

For questions, please contact:
Rhea Kwan (Site Champion) e-mail: rpkwan@hotmail.com

We believe that **EVERY GIRL** can embrace who she is, can define who she wants to be, can rise to any challenge, can change the world!

Evergreen School District

From strong roots grow bright futures

Registration Begins for 2020-21 School Year!

The Evergreen School District will be opening registration for all school sites beginning on February 3, 2020. Registration packets are available on Evergreen School District website for grades TK through 8th. Just follow the link "Enroll My Child" and download the appropriate grade level registration packet. The registration packet needs to be filled out completely and presented to the school front office along with the required supporting documentation in order to register. Some schools do require appointments; contact your home school of residence directly to schedule an appointment.

If you have any questions or need further assistance, please do not hesitate to contact your home school, or the district office at (408) 270-6800.

The Gift of Biliteracy! ¡El *regalo del bilingüismo!*

Dual Language (English / Spanish) Parent Informational Night / *Noche informativa para programa bilingüe (inglés / español)*

Evergreen School District is excited to offer a **Spanish Dual Language program** for incoming TK and Kindergarten students in fall 2020 at **Holly Oak Elementary School**! We invite you to learn more about the importance of bilingual education, Evergreen's program and next steps should you wish to enroll your child. Our program will be available to all Evergreen families as a program of choice. **All families are welcome!**

¡El Distrito Escolar Evergreen *se complace en ofrecer* ***un programa de doble inmersión en español e inglés*** *para los nuevos estudiantes de TK y Kindergarten en el otoño de 2020 en* ***la Escuela Primaria Holly Oak****! Los invitamos a conocer más sobre la importancia de la educación bilingüe, el programa de Evergreen y los próximos pasos si desea inscribir a su hijo. Nuestro programa estará disponible para todas las familias en Evergreen como un programa de elección.* ***¡Todas las familias son bienvenidas!***

Location:
Holly Oak Elementary School
2995 Rossmore Way, San Jose, CA 95148

Time:
6:30-7:30 p.m.

Dates:

Presented in English / *La presentación será en inglés:*
Tuesday January 21, Thursday February 6

Presented in Spanish / *La presentación será en español:*
Thursday January 23, Tuesday February 4

Presented in English & Spanish / *La presentación será en inglés y español:*
Wednesday March 4, Tuesday March 31, Monday May 4

Evergreen School District
From strong roots grow bright futures

Read more about our Dual Language Program at Evergreen School District

Lea más sobre nuestro Programa de Lenguaje Dual en el Distrito Escolar Evergreen

Late Winter Elementary Lunch Menu 2019

Lunch Meal Prices
Full Price $3.50
Reduced $0.40

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week One Will begin on the following weeks: January 21 (Tues) February 10 March 9	Macaroni & Cheese (V) Turkey & Cheese on a French Roll (T)	Verde Cheese Enchiladas (V) Cheeseburger Twins (B)	Vegetarian Chicken Tenders & Fries (V) Taco Nada (T)	Broccoli & Cheese Stuffed Croissant (V) BBQ Chicken & Cornbread (C)	Penne Alfredo (V) Chili Cheese Dog (B, T)
Week Two Will begin on the following weeks: January 27 February 24 March 16	Cheese Pizza Slice (V) Meatloaf & Corn with Dinner Roll (B)	Cheese Stuffed Shells with Marinara (V) Double Dogs (C)	Vegan Bean & Green Chile Burrito (V) Beef & Cheese Lasagna (B)	Deep Dish Cheese Pizza (V) Sweet Asian Boneless Chicken Wings & Rice (C)	Pretzel Dippers & Nacho Cheese Cup (V) Beef Taco Stick (B)
Week Three Will begin on the following weeks: February 3 March 2 March 23	Veggie Burger Twins (V) Brunch for Lunch with Egg & Turkey Sausage (T)	Cheese Stuffed Pocket (V) Turkey & Cheese Anytimers (T)	Cheese Pizza Pie (V) Mini Chicken Tacos (C)	Bean & Cheese Burrito (V) Corn Dog (B)	Grilled Cheese (V) Chicken Nuggets & Fries (C)

Important dates to remember:
Jan 20 – Martin Luther King Jr. Holiday
Feb 17 - 21 – President's Break
Mar 30 – Cesar Chavez Day, No School

SPECIAL MENU DAYS

FEB 14 – VALENTINE COOKIE
FEB 24 – PRESIDENT'S GRAHAMS
MAR 17 – LUCK O' THE ICE CUP

Featuring Winter Grapefruit: Citrus Salad

Makes 4 servings. *2 cups per serving.*
Prep time: 10 minutes
Ingredients:
5 cups chopped salad greens
1 large orange, peeled and sectioned
1 medium pink or red grapefruit, peeled and sectioned
½ cup chopped red onion
1 cup thinly sliced radishes
¼ cup sliced almonds
2 tablespoons light sesame dressing
2 tablespoons 100% orange juice
Instructions
1. Place salad greens in a large bowl.
2. Combine all ingredients with salad greens.
3. Toss ingredients together. Serve immediately.

Nutrition information per serving: Calories 136, Carbohydrate 21 g, Dietary Fiber 5 g, Protein 4 g, Total Fat 6 g, Saturated Fat 1 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 112 mg
Adapted from: *Soulful Recipes: Building Healthy Traditions, Network for a Healthy California*, 2009.

Paperless Meal Applications

Apply online anytime for Free & Reduced Price Meals at www.heartlandapps.com

Pay Online for School Meals

Everyone Loves a Line that Moves!
Parents are encouraged to prepay for meals. Parents can make a pre-payment safely & securely at: www.myschoolbucks.com. Students who have pre-payed in advance can transact up to 7 seconds faster at the serving line than those who pay cash or check for their meals, giving kids time to eat with friends. View purchases. set up low balance warnings & more with your free account. CNS will also accept cash or check at your child's school.
Please note: If a student forgets or loses their lunch money, the student will be allowed to charge their meal. Please review the full Meal Charging Policy at: www.eesd.org/cns

What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: Fruit, Vegetable, Protein, Grain, Milk

A COMPLETE LUNCH MUST INCLUDE A ¾ CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk $0.75
Water $0.75
Fruit Juice $0.75
Whole Grain Crackers $0.75
No credit is extended for a la carte purchases.

Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.

CHAMPIONS for CHANGE
Network for a Healthy California

The Child Nutrition Services Dept. can be reached at (408) 223-4500, Mon-Fri, 7:30am -4:00pm

MENU KEY
(V) Vegetarian
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

Rethink Your Drink

Water is usually easiest on the wallet. You can often save money by drinking water from the tap at home or when eating out.

Available choices to go with menu items:
Non-Fat Chocolate Milk
1% Low-Fat White Milk
100% Fruit Juice
Tossed Garden Salad
Variety fresh & canned fruits
Baby Carrots
Whole Grain Snacks

This institution is an equal opportunity provider and employer. Menu is subject to change without notice.
For CalFresh information, call 1-877-847-3663. Visit www.CaChampionsForChange.net for healthy tips.

Dial 2-1-1 for Help

Did you know? You can dial 2-1-1, or visit www.211scc.org, for confidential, free help 24 hours a day, in 170+ languages, in finding resources for food, shelter, employment assistance, health care services, child care, senior services, legal assistance and much more.

Santa Clara County 2-1-1™
Get Connected. Get Answers.
United Way Silicon Valley